

Show Up Strong: Everyday Shifts to Make You Shine!

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Hosted by HBA Atlanta

"Women think about having 'executive presence' for the big events – the big meeting, the crucial conversation, the speaking engagement, etc. What if the trick to showing up strong actually resided in small choices we make everyday? Learn tips and tricks that you can use right away to show up strong!"

This interactive session is focused on 2 of HBA's Leadership Competency: Enlighten & Engage. Exploring the concepts of power and purpose in order to create executive presence. Members will interact with each other in break-out groups and leave with at least one new concept and a concrete way to shift something in their lives which allow them to show up strong.

Anne Brocchini is a transformational change agent who is dedicated to helping women leaders step into their power, understand their uniqueness, and find more fulfillment in the many roles that they play. When Anne is not thinking deeply about the unique needs of women in the workplace or helping senior leaders take steps to create a more human centered workplace, you will find her outside – preferably in water - rafting, kayaking, paddle boarding, and sometimes even inner-tube backpacking. People call on Anne when they want to create a safe environment for women to learn and grow together. She will bring this perspective to our conversation.

Testimonials:

- "This session helped me think more strategically and concretely about the way I present myself during my meetings."
 - "This pushed me to shift my thinking on how I can bring presence to different situations."
 - "Great tips that are simple to immediately apply and have meaningful impact in our day-to-day activities, work & home."
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